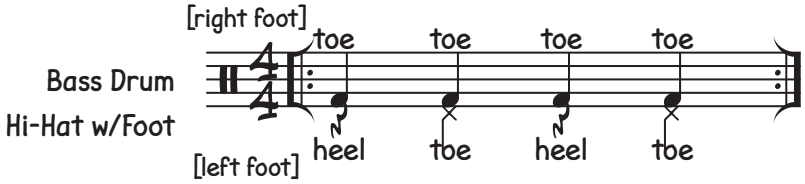
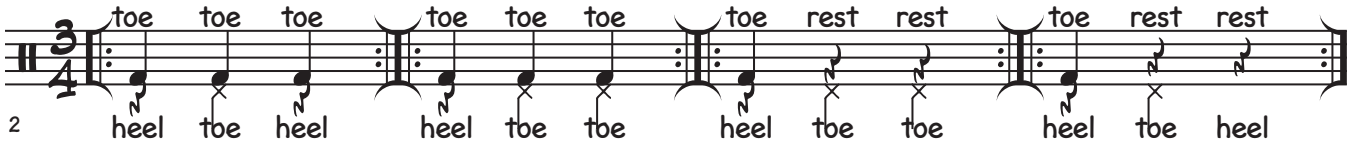
Foot Patterns

for drum set

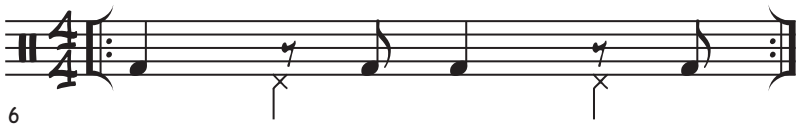
These foot patterns will provide you a strong foundation for both sight-reading and playing various styles & genres of music. You should start by playing 'heel down,' utilizing a rocking motion with the feet as written below (you can play these anywhere, no pedals required!). Once you have masterd heel down you can also practise 'heel-up' on the pedals, but always practise both heel-up & heel-down techniques for good control & dynamic range. If practised diligently the 3/4 patterns will give you the flexibiliity and tools needed to master almost any odd meter you may have to play during your musical career.

♩ = 50-240

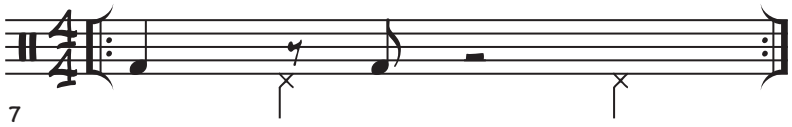




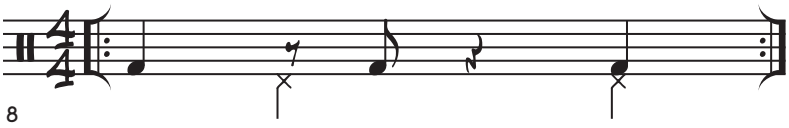
Below are some common bass drum patterns based on simplified latin bass rhythms. These can be used for more advanced practise of reading exercises once the basic patterns are mastered. While they will likely take some time to develop, you will find them both practical and necessary in some musical situations you encounter.



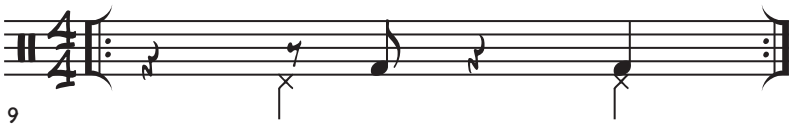
Samba



'Charleston' or Baião



Tumbao



Songo

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