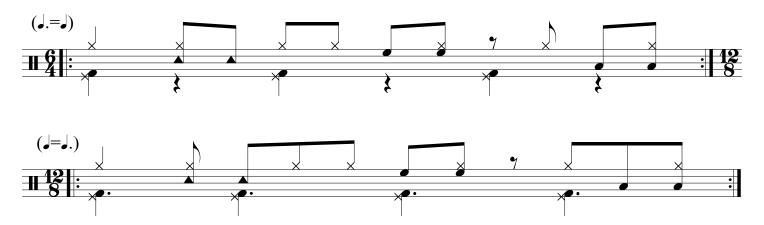
Art Blakey's Mambo Beat - Afro Cuban extenstion

For practise moving between feeling the pulse in 6/4 and 12/8

top part of groove stays the same, feet adjust to delineate the pulse change



repeat each pattern 4 or 8 times before changing

Try experimenting with sound sources around the kit, play the bell pattern on the rim instead of the ride cymbal, etc

Suggested play along practise material

Jerry Gonzalez - Baba Fieden Orisha

https://youtu.be/Q0IxiEBdN7s

Jerry Gonzalez - Nefertiti

https://youtu.be/Svi5lIPJ4o4